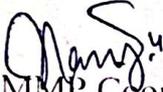


**Best Practice**  
**GC SOLAN**  
**MENTOR-MENTEE PROGRAMME**  
**Session 2024-25**

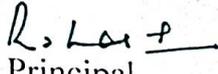
**Notice**

**Dated: 05/05/2024**

Govt. College Solan successfully completed the trial of Mentor-Mentee Programme (MMP) in the science faculty during the session 2023-24. It is to inform that this program will be extended to the entire first year batch (including B.A. and B.Com.) in the coming session 2024-25.

  
MMP Coordinator  
Dr Manju Thakur

  
IQAC Co-ordinator  
Dr Narender Verma

  
Principal  
**PRINCIPAL**  
Dr Ritu Sharma  
Govt. College  
Soln, Distt. Solan

Copy to

IQAC, and Dr Manju Thakur

**Important points for the faculty members associated with MMP:**

- All the First Year students will be divided in groups. The number of students in each group will depend upon the number of teachers available. The responsibility to collect and submit this information in time will rest with the HODs of the respective department with the help of other members.
- Each group will be assigned one teacher as **CHIEF MENTOR (CM)**,  
Two students from Final Year: **SENIOR STUDENT MENTORS (SSM)**,  
Two students from Second Year: **JUNIOR STUDENT MENTORS (JSM)**,  
First Year Students will be known as **MENTEES**.
- Teachers of major subjects to select and give the names of two motivated and interested students from II<sup>nd</sup> and III<sup>rd</sup> year each, in advance
- Session to take place once a month (Second Saturday of every month). Time table will be shared
- Topics to be discussed for every session are prefixed and to be followed for uniform learning outcome
- Senior Student mentors will prepare a report about each session and submit to Dr Manju Thakur Within two days post session
- Junior Student mentors will maintain the attendance record
- Mentees will get their cards signed by Chief Mentor on completion of the session (It is mandatory)

R. L. S.

PRINCIPAL  
Govt. College  
Solani, Distt. Solani

# Time Table

## Mentor Mentee Program

Session 2024-25

Day: Saturday

Time: 2.00pm -3.00 pm

### Schedule of Sessions for 2024

Group No.	First Session	Second Session	Third Session	Fourth Session
Group 1-17	14/9	05/10	16/11	08/02
Group 18-34	21/9	19/10	23/11	15/02
Group 35-50	28/9	26/10	30/11	22/02

## Mentor Mentee Groups

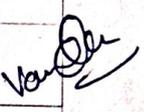
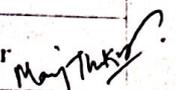
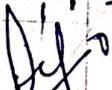
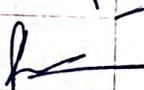
Session 2024-25

Group Number	Class	Major Subject	Class Roll Numbers	Title	Chief Mentor
1	B.A. 1st Year	Economics	2423001-2423015	Dr.	Kalpana Bhardwaj
2	B.A. 1st Year	Economics	2423016-2423030	Prof	Rekha Gupta
3	B.A. 1st Year	Economics	2423031-2423045	Dr.	Chandan Chauhan
4	B.A. 1st Year	Education	2424001- 2424012	Dr.	Lalit Guleria
5	B.A. 1st Year	English	2419001-2419020	Dr.	Jagdish Chand
6	B.A. 1st Year	English	2419021-2419042	Dr.	Narender K. Verma
7	B.A. 1st Year	English	2419043-2419062	Dr	Yogesh Kumar
8	B.A. 1st Year	English	2419063-2419084	Dr.	B.N Kamal
9	B.A. 1st Year	Geography	2425001-2425015	Dr	Chaman Sharma
10	B.A. 1st Year	Geography	2425016-2425030	Dr.	Deepak Gupta
11	B.A. 1st Year	Geography	2425031-2425040	Dr.	Anil Thakur
12	B.A. 1st Year	Hindi	2426001-2426016	Prof	Mukesh Kumar
13	B.A. 1st Year	Hindi	2426017-2426032	Dr.	Sandeep Sharma
14	B.A. 1st Year	Hindi	2426033-2426048	Dr.	Prem Prakash
15	B.A. 1st Year	Hindi	2426049-2426066	Dr.	Nek Ram
16	B.A. 1st Year	History	2427001-2427018	Dr.	Satish Thakur
17	B.A. 1st Year	History	2427019-2427036	Dr.	Priyanka Bhardwaj
18	B.A. 1st Year	History	2427037-2427054	Dr.	Vivek Sharma

L. Verma

19	B.A. 1st Year	History	2427055-2427071	Dr.	Minu Kundi	<i>M</i>
20	B.A. 1st Year	Journalism	2429001-2429012	Dr.	Ritu Sharma	<i>R</i>
21	B.Sc. 1st Year	Mathematics	2430001-243007, 24453001-24453022	Dr.	Pramod Kumar	<i>P</i>
22	B.Sc. 1st Year	Mathematics	2457001-2457016	Prof	Aarti Negi	<i>A</i>
23	B.A. 1st Year	Music	2431001-2431012	Dr	Anant Vidya Nidhi	<i>A</i>
24	B.A. 1st Year	Painting	2434001-2434016	Dr.	Nivedita Pathak	<i>N</i>
25	B.A. 1st Year	Physical Education	2436001-2436018	Dr.	Ghaushyam Singh	<i>G</i>
26	B.A. 1st Year	Physical Education	2436019-2436036	Dr.	Geetika Thakur	<i>G</i>
27	B.A. 1st Year	Physical Education	2436037-2436048, 24785001-24785009	Dr.	Ramesh Kumar	<i>R</i>
28	B.A. 1st Year	Pol. Sc.	2437001-2437023	Dr.	Ankur Sood	<i>A</i>
29	B.A. 1st Year	Pol. Sc.	2437024-2437047	Prof	Nitika	<i>N</i>
30	B.A. 1st Year	Pol. Sc.	2437048-2437071	Prof	Kanu Priya	<i>K</i>
31	B.A. 1st Year	Pol. Sc.	2437073-2437094	Prof	Jeena Gupta	<i>J</i>
32	B.A. 1st Year	Pub. Admn	2439001-2439018	Prof	Renu Bala	<i>R</i>
33	B.A. 1st Year	Sociology	2441001-2441020	Dr.	Vijesh Pandey	<i>V</i>
34	B.A. 1st Year	Sociology	2441021-2441040	Prof	Deepa Bhandari	<i>D</i>
35	B.A. 1st Year	Sociology	2441041-2441060	Dr.	Ritika Paul	<i>R</i>
36	B.A. 1st Year	Sociology	2441061-2441083	Prof	Rupa Kaith	<i>R</i>
37	B.A. 1st Year	Tourism	2444001-2444024, 24785008	Dr.	Manju Thakur	<i>M</i>

*L. Leo*

38	B.A. 1st Year	Philosophy, Psychology, Comp. Sc., Geology	2435002-2435004, 2438001-2438009, 2415001, 24453002-24453023	Prof	Katyayni Sharma	
39	B.Sc.1st Year	Botany	2413001-2413015	Dr.	Vandana Devi	
40	B.Sc.1st Year	Zoology	2417001-2417017	Dr.	Hira Lal Chettri	
41	B.Sc.1st Year	Zoology	2417018-2417035	Prof	Manoj Thakur	
42	B.Sc.1st Year	Chemistry	2459001-2459011, 2458001-2458009	Prof	Rajesh Bhatt	
42	B.Sc.1st Year	Physics	2416001-2416020, 24453016-24453021	Prof	Bharti Gupta	
44	B.Com. 1st Year	Commerce	2403001-2403024	Prof	Ravi Ram	
45	B.Com. 1st Year	Commerce	2403025-2403048	Dr.	Preeti	
46	B.Com. 1st Year	Commerce	2403049-2403072	Prof	Aalisha Chauhan	
47	B.Com. 1st Year	Commerce	2403073-2403096	Dr	Ishwar Dutt	
48	B.Com. 1st Year	Commerce	2403097-2403120	Prof	Sachina Sharma	
49	B.Com. 1st Year	Commerce	2403121-2403145	Dr.	Priyanka Multani	
50	B.Sc.1st Year	Botany	2413016-2416027	Dr.	Tanvi Kapoor	

R. Singh



# GOVERNMENT COLLEGE SOLAN

NAAC Re-Accredited B++ College

## Mentor-Mentee Card

Name..... Arushi .....

Class..... BA 1st year .....

Batch..... 2024-25 .....

**Details of Mentee:**

Major Subject	Tourism
Roll No.	2444040
Member of Clubs/Society	
Registration No.	
Mobile No.	9317700582
Email	arushinegi077@gmail.com
Residential address	Vill Bashla P.O. Arhal, Rohru, Shimla H.P. 171207
Date of Birth	22-02-2007
Blood Group	O <sup>+</sup>
Father' Name	Mr. Deep Chand
Occupation	Farmer
Father' Mobile No.	9805072642
Mother' Name	Mrs. Sneh lata
Mothers occupation	House wife
Mother' Mobile No.	9816766802
Hobbies	Dancing , cooking
Health Issue/Allergies	NA

**Ment**

S.N.	
1.	
2.	
3.	
4.	
5.	
6.	
7.	
8.	
9.	
10.	
11.	
12.	

## Mentor Mentee Program Plan & Outcome

S.N.	Agenda/ Skill in Focus	Session Date	Practice	Mentee' performance
1.	Introductory Session (SWOT Analysis)	28.09.24	Interaction SWOT Analysis	V. Good.
2.	Networking	26.10.24	Role plays	Good.
3.	Creativity	30.11.24.	Itinerary prep.	V. Good.
4.	Communication	15.02.25	Sharing itinerary	Good
5.	IQ/EQ/ Empathy	19 Aug 2025	Perspective taking exercise	Good.
6.	Problem Solving	16 sept 2025	How would do?	Good.
7.	Leadership/ Collaboration	28 Oct 2025	Group activity	-
8.	Social Media	18 Nov 2025	Discussion on social media usage	V. Good.
9.	Stress/Peer pressure			
10.	Mental Health			
11.	Cultural Values			
12.	Work ethics			



# GOVERNMENT COLLEGE SOLAN

NAAC Re-Accredited B++ College

## Mentor-Mentee Card

Name..... Arushi.....

BA Ist (2024-25)

Class..... BA 2nd year (2025-26)

Batch..... 2025-26.....

**Details of Mentee:**

Major Subject	Tourism
Roll No.	2444040
Member of Clubs/Society	
Registration No.	24-SN-344
Mobile No.	9317700582
Email	arushinegi077@gmail.com
Residential address	Vill Bashla (Barera) Po. Ashal Teh. Rohru, Shimla, H.P.
Date of Birth	22/02/2007
Blood Group	O+
Father' Name	Mr. Deep Chand
Occupation	Farmer
Father' Mobile No.	9805072642
Mother' Name	Mrs. Snehlata
Mothers occupation	House wife
Mother' Mobile No.	9816766802
Hobbies	Reading, Cooking, Listening Music
Health Issue/Allergies	

Men

S.N.

1.

2.

3.

4.

5.

6.

7.

8.

9.

10.

11.

12.

## Mentor Mentee Program Plan & Outcome

S.N.	Agenda/ Skill in Focus	Session Date	Practice	Mentee' performance
1.	Introductory Session (SWOT Analysis)	28.09.24	SWOT Analysis	V. Good.
2.	Networking	26.10.24	Role Plays	Good.
3.	Creativity	30.11.24.	Intinerary Brief	Good.
4.	Communication	15.02.25	Sharing Intinerary	—
5.	IQ/EQ/ Empathy	19 Aug. 2025	Perceptive Taking exercise	Good.
6.	Problem Solving	16 Sept. 2025	How would you do?	Good.
7.	Leadership/ Collaboration	28 Oct 2025	Group Activity	Absent
8.	Social Media	18 Nov 2025	Discussion on social medhubys	Good
9.	Stress/Peer pressure			
10.	Mental Health			
11.	Cultural Values			
12.	Work ethics			

## Academic Performance

### First Year

Paper Code	BSMCP AC101	BSMCP AC102	ENC AECC 104	ENGG CE101	HIND 101	TTMC 101	TTMC 102	
CCA	16	15	15	22	16	18	19	

### Second Year

Paper Code								
CCA								

### Third Year

Paper Code								
CCA								

  
Coordinator

  
Program Coordinator